

# Quest Food Management

<b>001795 - pasta- ww rotini meatballs : orland interm</b>	<b>Components</b>	<b>Attributes</b>
HACCP Process: #2 Same Day Service Number of Portions: 50 Size of Portion: 1 1/2 cup total	Meat/Alt: 2 oz Grains: 2 oz Fruit: Vegetable: Milk:	

Ingredients	Measures	Instructions
903407 pasta 51% wg rotini gfs 229951..... 000731R sauce, house spaghetti meatles..... 903384 meatball turkey baked greco 201396....	3 gals + 2 CUPS (cooked) 1 gal + 3 cups 9 lbs + 4 ozs	SERVING SIZE IS 1 CUP OF COOKED PASTA, 1/2 CUP OF SAUCE AND 6 MEATBALLS

\*Nutrients are based upon 1 Portion Size (1 1/2 cup total)

Calories	303 kcal	Cholesterol	46 mg	Protein	21.08 g	Calcium	99.00 mg	22.82%	Calories from Total Fat
Total Fat	7.69 g	Sodium	1046 mg	Vitamin A	156.5 RE	Iron	2.76 mg	6.21%	Calories from Saturated Fat
Saturated Fat	2.09 g	Carbohydrates	38.80 g	Vitamin A	782.4 IU	Water <sup>1</sup>	*35.09* g	*0.00%*	Calories from Trans Fat
Trans Fat <sup>1</sup>	*0.00* g	Dietary Fiber	6.25 g	Vitamin C	12.8 mg	Ash <sup>1</sup>	*0.48* g	51.18%	Calories from Carbohydrates
								27.81%	Calories from Protein

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes optional nutrient values